Arizona Medical Board Pre-Approved Category 1 CME

Medical Ethics and Professional Boundaries

Organization / Location	CME Hours	Course Name / Description	Cost
Case Western Reserve University/ Intensive Series of Courses Cleveland, Ohio (800) 274-8263 http://casemed.case.edu/cme/activities/intensive_series.cfm	15.75	Medical Ethics, Boundaries and Professionalism Designed for physicians in all specialties who wish or need to pursue focused study in areas of applied ethics, including boundary maintenance, and practice management. The practice of medicine is governed by several important ethical precepts, including: confidentiality, beneficence, respect for patient autonomy, truth telling and the highest degree of professionalism. Physicians work within the guidelines of these principles. Yet medical practice can also be challenged by these principles, particularly when two or more of them are in conflict. This expertly taught intensive course – liberally employing case presentations – focuses on applied ethics, from boundary issues to billing practices.	\$1,200
PBI Education Locations in major cities nationwide 904-800-1237 https://professionalboundaries.com/	24-46	Professional Boundaries and Ethics Intensive and rigorous, this interactive 3-day course helps participants confront and examine the features of their practices and lives that caused them to go astray: the how, the when, and the why. Participants discuss the professional ethical expectations and obligations they violated. Each participant creates a Personalized Protection Plan they can abide by and update over time to avoid recidivism. Most suitable for sexual boundary violations, dual relationships, practicing outside scope, inappropriate prescribing, addictions, and disruptive behavior. Optional pre-course and post-course components expand this program up to 46 CE credits. NOTE: Optional longitudinal follow-up component available	\$2,250

PBI Education Locations in major cities nationwide 904-800-1237 https://professionalboundaries.com/	22	Medical Ethics and Professionalism During this rigorous, interactive 2-day course, participants explore their own risk factors and vulnerabilities to going astray, resistance to recognizing their unprofessional conduct, and lack of accountability measures. This is preceded by pre-course readings and written assignments, and then presented in the context of foundational professional ethics. Each participant creates a Personalized Protection Plan they can abide by and update over time to avoid recidivism. Most suitable for misrepresentation, falsification, financial improprieties, HIPAA or confidentiality violations, practicing on an expired license, and breaking laws. NOTE: Optional longitudinal follow-up component available	\$1875
PBI Education Locations in major cities nationwide 904-800-1237 https://professionalboundaries.com/	15	Medical Ethics and Professionalism This in-depth, interactive 1-day course is preceded by readings and written assignments. In the seminar, these materials are discussed and contribute to participant examinations of their infractions in the context of state statutes, regulations, and professional expectations. Other content covers moral authority, ethical decision-making, and harms caused by professionals' offenses. Each participant creates a Personalized Protection Plan they can abide by and update over time to avoid recidivism. This course is suitable for remediation of relatively minor infractions as well as education for professionals returning to practice. NOTE: Optional longitudinal follow-up component available	

Sante' Center for Healing Argyle , Texas (800) 258-4250 Ext 267 http://santecenter.com/professionals- program/maintaining-proper-boundaries-course	21	Maintaining Proper Boundaries The course creates a unique learning environment utilizing didactic presentations, interactive discussions, and experiential exercises. In addition to learning about boundary issues and ethical standard infractions, the course also outlines methods to identify high risk clients and staff for safeguarding the office or treatment setting, as well as ways to obtain help if one has crossed boundaries and how to be safe in so called "gray" areas.	\$2300
University of California PACE Program San Diego, California (619) 543-6770 http://www.paceprogram.ucsd.edu/Documents/Boundari es.pdf	39.5	Professional Boundaries Program The Professional Boundaries Program is a dynamic, interactive three-day educational training program facilitated by a minimum of two physicians board-certified in psychiatry. The program objective is to assist the professional in addressing the issues that contribute to their misconduct in the workplace.	\$3,500
Vanderbilt University Medical Center Nashville, Tennessee 615.322.4030 http://www.mc.vanderbilt.edu/root/vumc.php?site=cph&doc=36613	24	Maintaining Proper Boundaries Maintaining Proper Boundaries emphasizes understanding of general and sexual boundary issues. Typical boundary violations include inappropriate comments or jokes, sexual relationship with patients and inappropriate business relationships with patients. This is not a course for physicians with an active sexual addiction.	\$2,500
The Center Personalized Education for Physicians ("CPEP") 720 S. Colorado Blvd., Suite 1100-N Denver, CO 80246 303.577.3232 http://www.cpepdoc.org/cpep-courses/probe-ethics-boundaries-program-united-states/	25.25	Professional/Problem-based Ethics ("ProBE") Non-adversarial ethics and boundaries program for healthcare professionals referred by licensing boards or other oversight entities. Intensive small group sessions. Discussions and case analyses facilitate participant "probing" into why they went astray.	\$2,250

Medical Recordkeeping - Documentation

Organization/Location	CME Hours	Course Name	Cost
University of California PACE Program San Diego, California (619) 543-6770 http://www.paceprogram.ucsd.edu/CPD/record.aspx	17	Medical Record Keeping Course An intensive two-day CPD/CME program designed to help the physician improve charting behavior and documentation in the medical record. This program uses hands-on, interactive, personalized and didactic instruction.	\$1,575
Case Western Reserve University/ Intensive Series of Courses (216) 983-1239 and (800) 274-8263 http://casemed.case.edu/cme/activities/intensive_series.cfm	15.25	Intensive Course in Medical Documentation: Clinical, Legal, and Economic Implications for Healthcare Providers Medical education notoriously gives inadequate attention to teaching physicians how to properly document the patient encounter. Current challenges in maintaining accurate and complete patient records include the conversion to electronic medical records, ever-changing regulatory and billing guidelines, and legal constraints. This course aims to give providers the knowledge base and skills to generate compliant, risk-reducing and reimbursable documentation.	\$1,200
PBI Education Locations in major cities nationwide 904-800-1237 https://professionalboundaries.com/	17-30	PBI Medical Record Keeping Course This intensive 2-day course is designed for clinicians who have the need or desire to improve their record keeping. Topics covered include legal and clinical rationale for documentation standards, electronic communication with patients, confidentiality, informed consent, patient education, special issues regarding the treatment of chronic pain, coding and billing, and the release of records. Prior to the course, participants critique a set of provided records that are then discussed in the seminar. This course is particularly effective for clinicians who have been found deficient in medical documentation either by employers or regulators. NOTE: Optional longitudinal follow-up component available	\$1,350

The Center Personalized Education for Physicians ("CPEP") 720 S. Colorado Blvd., Suite 1100-N Denver, CO 80246 303.577.3232 https://www.cpepdoc.org/cpep-courses/medical-records-keeping-seminar/	10	Medical Record Keeping Seminar This one-day Seminar teaches efficient methods of documenting patient care, including effective use of Electronic Medical Records (EMR). Participants will gain an understanding of the medico-legal implications of documentation and will learn new strategies for overcoming barriers to effective record keeping. NOTE: Upon completion of the one-day Seminar, participants have the option of enrolling in a six-month follow-up program that includes in-depth chart reviews, detailed feedback, and coaching to fully integrate documentation skills into participants' daily practice. May be optional or require completion depending on Board Order	\$995
The Center Personalized Education for Physicians ("CPEP") 720 S. Colorado Blvd., Suite 1100-N Denver, CO 80246 303.577.3232 https://www.cpepdoc.org/cpep-courses/medical-records-keeping-seminar/	N/A	Personalized Implementation Program (PIP) PIP is the optional follow-up program for the Seminar. Participants must first complete the Seminar and then enroll within one month of seminar completion. The purpose of PIP is to help participants actively apply the techniques they learn in their own practice. Participants submit three sets of charts to CPEP at two, four and six months after enrollment. A physician reviewer provides detailed verbal (via teleconference) and written feedback. Participants also receive concrete suggestions for improvement.	\$1,550
Texas A&M University/ A&M Rural and Community Health Institute Crystal Park Plaza 2700 Earl Rudder Freeway South, Suite 3000 College Station, TX 77845 (979) 436-0390 https://rchitexas.org/kstar-physician/medical-record-course.html	16	Medical Record Course The KSTAR Medical Record Documentation course is a two-day, in-person program designed for physicians to increase their ability to effectively maintain medical records. Maintaining proper medical records reduces risk to the provider, enhances quality of care and assists in meeting compliance standards. Participants are expected to be onsite for the two-day course. Presentations will utilize various teaching approaches to include pre- and post-testing, lecture, precepted chart review session and skills practice. For credit, participants must be present and actively participate throughout the course.	\$1,150

Physician-Patient Communication Courses

Organization / Location	CME Hours	Course Name / Description	Cost
Bayer Institute for Health Care Communication Sea Isle City, New Jersey 609-263-0262 http://healthcarecomm.org/training/continuing-education-workshops/clinician-patient-communication-to-enhance-health-outcomes/	3-6	Clinician-Patient Communication Program HCC Consultants deliver fast paced and interactive workshops for small groups of physicians in a half-day workshop. Pragmatic exercises, group participation, role-play activity, review and critique of videotapes of patient-clinician interaction.	Call for pricing
Case Western Reserve University/ Intensive Series of Courses Cleveland, Ohio (800) 274-8263 http://casemed.case.edu/cme/index.cfm	21	Intensive Course in Physician Communication For physicians who need to pursue further training in: Communication with colleagues and staff, communication about patients with colleagues and staff, communication about health and disease with greater community.	\$900
University of California - PACE Program San Diego, California (619) 543-6770 http://www.paceprogram.ucsd.edu/CPD/patientcom.aspx	8	Physician-Patient Communication Improved diagnostic accuracy, greater involvement of the patient in decision making and increased likelihood of adherence to therapeutic regimens are all outcomes of using effective communication strategies. Full day workshop for groups with 6-30 participants.	\$1,000
The Center Personalized Education for Physicians ("CPEP) 720 S. Colorado Blvd., Suite 1100-N Denver, CO 80246 303-577-3232 https://www.cpepdoc.org/cpep-courses/advanced-skills-in-clinician-patient-communication/	19	Advanced Skills in Clinician-Patient Communication For healthcare providers in need of both basic and advanced skills, including difficult patient relationships, giving disappointing news and negotiating treatment decisions. This 2.5 day course is based on content from the Institute for Healthcare Communication.	\$1,995.

Vanderbilt Nashville,Tennesee 615-936-0678 William.swiggart@vanderbilt.edu https://medsites.mc.vanderbilt.edu/cph/live- courses#distressed	48.5	Program for Distressed Physicians Course addresses the specific needs of physicians whose workplace behavior has become problematic. Combines didactic presentations, role-play w/focused feedback, group feedback from peers and colleagues, with review of workplace/family complaints. Solutions are reinforced by role-play, feedback, testing and group accountability.	\$4,500
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Prescribing Controlled Substances

Organization / Location	CME Hours	Course Name / Description	Cost
Case Western University/ Intensive Series of Courses Controlled Substance Prescribing Continuing Medical Education Program Cleveland, Ohio (216) 983-1239 or (800) 274-8263 http://casemed.case.edu/cme/activities/intensive_series.cfm	24.5	Intense Course in Controlled Substance Management The Intensive Course in Controlled Substance Management is designed for physicians in all specialties who need or wish to increase their knowledge and ability to effectively prescribe controlled medications that have abuse potential. In addition, the course is designed for physicians who treat chronic pain syndromes.	\$1,350
Vanderbilt University Medical Center Medical Nashville, Tennessee (615) 936-0676 http://www.mc.vanderbilt.edu/root/vumc.php?site=cph&doc=36613	22.75	Prescribing Controlled Drugs Course For those attending the Prescribing Controlled Drugs Course, typical problem behaviors have included the inappropriate dispensing of medications from physician's offices, prescribing large amounts of narcotics at too frequent intervals, or prescribing to family members, friends, or people with known histories of substance abuse. Oftentimes, the records of the physicians' prescribing practices are poorly documented or non-existent	\$2,500

University of California PACE Program San Diego, California (619) 543-6770 Online Brochure: http://www.paceprogram.ucsd.edu/CPD/prescribing.aspx	27	Physician Prescribing Course The Physician Prescribing Course is a two and one-half day small group CME program designed to improve the participant's prescribing behavior by providing education on the legal, biomedical and clinical aspects of prescribing drugs, especially controlled drugs.	\$1,995
PBI Education Locations in major cities nationwide 904-800-1237 https://professionalboundaries.com/	21-33	PBI Prescribing Course: Opioids, Pain Management, and Addiction This intensive 2-day course is designed for prescribers who have the need or desire to improve their prescribing practices to meet standards, laws, and regulations specific to their state requirements. The course emphasizes adequate pain management best practices that minimize abuse potential; compliance with documentation requirements for controlled substances; the difference between physical dependence and addiction; how to properly assess a patient's risk for addiction; the importance of getting to know your patient in order to exercise sound professional judgment; and the truth about the opioid epidemic. Each participant creates a Personalized Protection Plan they can abide by and update over time to maintain best prescribing practices. NOTE: Optional longitudinal follow-up component available	\$1,895
The Center Personalized Education for Physicians ("CPEP") 720 S. Colorado Blvd., Suite 1100-N Denver, CO 80246 303-577-3232 https://www.cpepdoc.org/cpep-courses/prescribing-controlled-drugs/	22.75	Prescribing Controlled Drugs; Critical Issues and Common Pitfalls This 3-day course teaches appropriate prescribing practices, facilitates an understanding of personal motivations and responsibilities in the patient encounter, and cultivates skills in substance abuse identification.	\$2,525

The Center Personalized Education for Physicians ("CPEP") 720 S. Colorado Blvd., Suite 1100-N Denver, CO 80246 303-577-3232 https://www.cpepdoc.org/cpep-courses/basics-of-chronic-pain-management/	8	Basics of Chronic Pain Management; Essentials for the Non-Pain Management Specialist Nearly 50 million Americans suffer from chronic pain. As the population ages, that number is likely to increase. Many patients seek help not from pain specialists, but from primary care physicians or other healthcare professionals. Basics of Chronic Pain Management is a one-day seminar that will help you treat this growing population of patients with safety and confidence. Offered in Denver, Colorado, this course is intended for those who are not pain management specialists. NOTE: Cost is \$250 if also registered for Prescribing Controlled Drugs course	\$550
The University of Florida College of Medicine, Department of Psychiatry 8491 NW 39 th Avenue Gainesville, FL, 32606 (352) 265-5300 http://psychiatry.ufl.edu/education/prescribing-controlled-drugs-cme/	21.25	Prescribing Controlled Drugs Course Three day course teaches appropriate prescribing practices and new skills in substance abuse identification. *Same course offered at Vanderbilt	\$2,500

Distressed Physicians Courses

Organization / Location	CME Hours	Course Name / Description	Cost
Case Western Reserve University/Intensive Series of Courses Cleveland, Ohio (216) 844-5050 (800) 274-8263 https://case.edu/medicine/cme/courses-activities/intensive-course-series/difficult-communications/	19.5	Intensive Course in Managing Difficult Communications in Medical Practice Designed for physicians in all specialties who wish or need to pursue further training in health communications and managing conflict and strong emotion in medical practice. The course combines a personal case-based reflective essay, a pre and post-course assignment, a CQI health communication project for your practice, lectures and participative discussions, skill practice sessions, daily simulations with standardized patients and onsite video review self-assessment.	\$1,600
Vanderbilt University Medical Center Medical Nashville, Tennessee (615) 936-0678 https://ww2.mc.vanderbilt.edu/cph/36636	48.25	Distressed Physician Program Course addresses the specific needs of physicians whose workplace behavior has become problematic. Combines didactic presentations, role-play w/focused feedback, group feedback from peers and colleagues, with review of workplace/family complaints. Solutions are reinforced by role-play, feedback, testing and group accountability. Teaches physicians new skills in recognition and expression of emotions that lead to disruptive behavior. Typical behaviors include: throwing charts, shouting, making demeaning comments to staff or co-workers, and uncontrollable anger which causes an atmosphere of conflict and distress for colleagues and staff.	\$4,500

University of California - PACE Program San Diego, California (619) 543-6770 http://www.paceprogram.ucsd.edu/CPD/Anger.aspx	31.25	Anger Management for Health Professionals Program Program is conducted in groups of 6-10 participants. Participants will learn the importance of anger management and good communication as essential aspects of health care. Will better understand effective communication skills that lead to desired interpersonal outcomes. Will practice behavioral and cognitive strategies to manage stress and anger. Will be taught behavioral change through the use of lecture discussions, observation, and role-playing.	\$3,500
The Center Personalized Education for Physicians ("CPEP) 720 S. Colorado Blvd., Suite 1100-N Denver, CO 80246 303-577-3232 https://www.cpepdoc.org/cpep-courses/improving-inter-professional-communication/	17.5	Improving Inter-Professional Communication: Working Effectively In Medical Teams This 2.5 day course is designed to give healthcare professionals the skills they need to employ professional and effective communication in the workplace. Participants learn how to recognize individual communication styles, improve medical team dynamics and patient care outcomes, and support behavior change.	\$2,250
The University of Florida College of Medicine, Department of Psychiatry 8491 NW 39th Avenue Gainesville, FL, 32606 (352) 265-5300 http://psychiatry.ufl.edu/education/distressed-physicians/	47.5	The Program for Distressed Physicians The Program for Distressed Physicians is a three-day CME course (with three additional one day follow-up sessions) developed to address the specific needs of physicians whose workplace behavior has become problematic. This course combines didactic presentations, role-play with focused feedback, group feedback from peers and colleagues, plus review of workplace/family complaints. Participants will receive training in alternative behaviors and explore cognitive distortions that relate to their problems. The course will focus on the problems identified by specific complaints. The solutions are reinforced by role-play, feedback, testing, and group accountability. *Same course offered at Vanderbilt	\$4,500

Practice Monitoring Programs

The Center Personalized Education for Physicians ("CPEP) 720 S. Colorado Blvd., Suite 1100-N Denver, CO 80246 303-577-3232 https://www.cpepdoc.org/practice-monitoring-program/	N/A	Practice Monitoring Program Provides on-going monitoring for clinicians under sanction by state licensing boards. The program is designed to meet the specific requirements of the individual's Board action and can include regular chart reviews and site visits by qualified consultants. Duration varies based on stipulation from 12 months to 5 years.	\$2,000- \$3,000 *Fee per chart review- varies
University of California - PACE Program San Diego, California (619) 543-6770 http://www.paceprogram.ucsd.edu/PEP/PEP.aspx	N/A	Physician Enhancement Program ("PEP") The Physician Enhancement Program (PEP) is an on-site, in- practice mentoring program designed to assist the practicing physician in attaining the highest standards of professional growth and clinical excellence. It provides longitudinal assessment, education, and practice-based improvement to participating physicians. Includes on-site visit, personal and practice development plan, monthly chart audit, monthly phone call, monthly and quarterly reports and PULSE survey. The program is a minimum of one year.	Call for pricing
LifeGuard Program Harrisburg, PA (717) 909-2590 info@LifeGuardProgram.com	N/A	Practice Monitoring Practice monitoring provides state medical boards with comprehensive, high quality practice monitoring for physicians. The main areas of focus for our practice monitoring program include controlled substance and opioid prescribing and adherence to quality of care standards. Highly qualified practice monitoring teams provide objective oversight and assessment of a physician's practice. Key components include: a comprehensive evaluation of current clinical and medical record documentation practices, detailed recommendations for improvements and on-going monitoring to ensure successful implementation of recommended changes or adherence to quality of care standards. Each member of the monitoring team is carefully selected to ensure alignment of their expertise with the needs of the physician being monitored including specialty type	Call for pricing

Physician Re-Entry and Competency Assessments

The Center Personalized Education for Physicians ("CPEP) 720 S. Colorado Blvd., Suite 1100-N Denver, CO 80246 303-577-3232	Call for Pricing	Reentry to Clinical Practice (RCP) Program For professionals looking to return to practice in a safe and confident manner. We personalize our program based on the clinician's specific needs, specialty, and anticipated scope of practice. This approach starts with the initial evaluation of clinical skills and continues in the development of a personalized Reentry Plan. NOTE: To qualify, clinicians must have left the medical field in good standing and plan to reenter areas of clinical practice in which they have had prior clinical training and experience. Clinicians looking to get back into practice after a disciplinary sanction or who are switching specialty areas may qualify for the CPEP's Clinical Competence Assessment Program.
The Center Personalized Education for Physicians ("CPEP) 720 S. Colorado Blvd., Suite 1100-N Denver, CO 80246 303-577-3232	Call for Pricing	Competency Assessment A highly customized evaluation specifically tailored to each individual physician's current (or intended) area of practice and the reason for referral. Includes clinical examinations, health screening, clinical observation, medical record review, and skills simulation.
University of California - PACE Program San Diego, California (619) 543-6770 http://www.paceprogram.ucsd.edu/Assessment/FFD.aspx	Call for Pricing	Fitness for Duty Evaluation The Fitness for Duty Program is an integrative, individualized, multifaceted assessment of a physician's fitness for occupational functioning with the goal of determining whether an individual physician is fit to perform his or her tasks without risk to patients, self, or others. Aging Physician Assessment PAPA is a physical and mental health screening intended for late career physicians who have reached a certain age (generally 70 and older), but otherwise have no known impairment or competency problems. PAPA is designed to detect the presence of any physical or mental health problems affecting a physician's ability to practice. If concerns are

		identified, further evaluation will be recommended. PAPA is not a diagnostic evaluation nor is it a fitness for duty evaluation. It is not intended to be used in "for cause" assessments of physicians who are suspected of having impairment. Competency Assessment A highly customized evaluation specifically tailored to each individual physician's current (or intended) area of practice and the reason for referral. Includes clinical examinations, health screening, clinical observation, medical record review, and skills simulation.
Drexel Medicine http://drexel.edu/medicine/academics/continuing-education/physician-refresher-re-entry-program/	Call for Pricing	Physician Refresher/Re-entry Program Drexel's Physician Refresher/Re-entry program offers a range of activities (education and assessment programs) for physicians who intend to return to active clinical practice, want to enhance their focus or area of interest, or want to prepare for admission to U.S. graduate medical education training programs.
KSTAR https://rchitexas.org/kstar-physician/mini-residency.html	Call for Pricing	Mini-Residency Program The Texas A&M KSTAR Physician Assessment Program has partnered with the University of Texas Medical Branch (UTMB) in Galveston, TX to create the KSTAR/UTMB Health Mini-Residency program. This collaboration provides three-month, residency-based re-entry education experiences for physicians who want to return to medical practice after an interruption in their career. Most specialty and subspecialty programs will be possible for those physicians who qualify.
LifeGuard https://www.foundationpamedsoc.org/lifeguard/re-entry_re-instatement	Call for Pricing	Physician Re-entry/Re-Instatement Assessment The LifeGuard Re-Entry /Re-Instatement program provides a pathway for physicians who wish to reenter the practice of medicine after an absence or for reinstatement of a license following a disciplinary action. We provide an unbiased, targeted assessment that can validate a physician's clinical skills and readiness to re-enter the workforce. If deficiencies are identified, LifeGuard will provide a recommended path for remediation to address concerns in the most efficient manner possible.